Physicians: Fax, email or US mail this request to your patient’s dentist and any dental specialists, such as periodontist, oral surgeon, endodontist and even any orthodontist. All dentists see infections on patients regularly.

Dear Dr. \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_,

You and I share a mutual patient: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_.

DOB. \_\_\_\_\_\_\_\_/\_\_\_\_\_\_\_\_\_\_/\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_.

In an effort to rule out the mouth as a source of illness, I am asking for the following information.

This patient:

\_\_\_\_ is dentally and periodontally healthy…no infections or airway restrictions and stable bite.

\_\_\_\_ has not been to see me in over \_\_\_\_ years.

\_\_\_\_ has never been to my office.

\_\_\_\_ has active periodontal disease

\_\_\_\_ is undergoing periodontal treatment and actively involved in removing the infection.

\_\_\_\_ Patient should be disease free by \_\_\_\_\_\_/\_\_\_\_\_\_\_\_\_\_/\_\_\_\_\_\_\_\_\_\_\_

\_\_\_\_ is not receiving periodontal treatment and has declined our recommendations.

\_\_\_\_ Oral Cancer Screening results. \_\_\_\_\_\_\_\_\_ neg. \_\_\_\_\_\_\_\_\_\_\_\_ pos.

Referred to:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

\_\_\_\_ Possible airway obstructions tongue\_\_\_. tonsils\_\_\_\_. soft palate \_\_\_\_.

\_\_\_\_ has active decay

\_\_\_\_ has pulpal involvement (needs one or more root canals or extractions)

\_\_\_\_ is removing the infections with root canals or extractions. Treatment should be completed by \_\_\_\_\_\_\_\_\_/\_\_\_\_\_\_\_\_\_/\_\_\_\_\_\_\_\_\_\_\_.

\_\_\_\_ is waiting until it hurts.

\_\_\_\_ Stable occlusion (bite)

\_\_\_\_ Other:

Please place checkmark next to those that apply. If our mutual patient is not following through on their oral care, please inform us. We will encourage their oral health. If there are other dental or oral issues we should be aware of, please let us know.

Thank You,

Please Fax completed request to (XXX) XXX-XXXX

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

A letter as simple as this will help you greatly when diagnosing and treating many systemic diseases. If you know there is periodontal disease, which has no pain, and your patient has an elevated WBC and you can’t identify the source, consider the mouth.

If your patient is diabetic, has had a heart attack, has stents and possibly a heart valve, dental/oral information is valuable information possibly identifying a likely source of bacteria from periodontal disease or dental abscesses.

When you, as their physician, tell a patient they need a healthy mouth it carries different weight than when the dentist tells them the same thing. The US Surgeon General said it in 2000: You can’t have a healthy body with an unhealthy mouth.

We are all working on the same body. Let’s work together.